



# General Surgery Residency Program Mount Sinai Hospital: BLUE Team

## SENIOR RESIDENT

### Rotation Specific Goals & Objectives

Senior General Surgery residents will complete a 2 month (PGY3, 4, 5) rotation on service. The MSH BLUE team offers a rich exposure to key areas of General Surgical care including learning opportunities in:

Acute Care Surgery  
Advanced Gastrointestinal Cancer Surgery  
Colorectal Cancer Surgery  
Gastrointestinal and Retroperitoneal Sarcoma Surgery

*These Goals and Objectives are utilized in evaluation of Resident performance and will be reflected on the ITER.*

#### Medical Expert:

##### *Knowledge*

**By the end of the rotation the Senior General Surgery resident will be able to:**

1. Demonstrate an appropriate knowledge of normal physiology and pathobiology of disease related to colorectal, surgical oncology and sarcoma surgery.
2. Demonstrate level specific degree of synthesis; integrates all relevant information into care plans.
3. Develop organized therapeutic plans that are well executed and documented.
4. Manage gastric, colorectal and anal cancer, including obtaining appropriate surgical margins, recognizing the role of lymphadenectomy, chemo and radio therapy, neoadjuvant therapy, providing appropriate treatment of advanced and metastatic disease, as well as palliation.
5. Manage adhesive intestinal obstruction.
6. Provide pre- and post-operative care of patients undergoing elective and/or emergency surgery that includes attention to wound management, organ dysfunction, infections complications, avoidance of complications, psychosocial issues and discharge planning.
7. Workup an undiagnosed abdominal mass.
8. Recognize urgent situations and respond with prompt intervention and appropriate communication
9. Correctly interpret CT imaging pertaining to general surgery (e.g. CT chest, abdomen, and pelvis).
10. Manage the perforated abdominal viscus.
11. Manage early post-operative, malignant or adhesive intestinal obstruction.
12. Order appropriate screening and apply appropriate criteria for colorectal and anal cancer.
13. Manage postoperative complications of the gastrointestinal surgical patient
14. Recognize and provide appropriate medical and psycho-social support for patients at the end of life
15. Make appropriate surgical decisions in advanced colorectal and other GI cancer surgery.
16. Diagnose and manage soft tissue tumours in extra-abdominal sites such as chest wall and extremities
17. Complete an appropriate diagnostic workup, manage, and make appropriate intra-operative decision regarding intra-abdominal sarcoma

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18. Provide appropriate surgical treatment of patients with gastric neoplasms
  19. Recognize and manage complications of intestinal surgery such as anastomotic disruption, abscess, fistula, post-operative bleeding
  20. Recognize and manage complications such as myocardial infarction, deep vein thrombosis, pulmonary embolism, pneumonia, urinary tract infection, catheter related blood stream infection.

### ***Technical Skills***

#### **By the end of the rotation the Senior General Surgery Resident will be able to:**

1. Demonstrate comfort with surgical anatomy, indications, contraindications and conduct of the operation
2. Recognize planes, conduct atraumatic dissection
3. Be efficient in time and motion
4. Slow down when appropriate, recognize unexpected findings and respond appropriately
5. Recognize the need to intervene in critically ill patients
6. Manage stresses of the operating room environment appropriately
7. Safely complete a large bowel anastomosis with some assistance.
8. Provide operative management of palliative patients
9. Conduct an emergency laparotomy for an acute abdomen
10. Safely complete a laparoscopic/open colon resection with some assistance.
11. Provide operative management for perforated appendicitis.
12. Safely achieve source control in patients with peritonitis, necrotizing soft tissue infections.
13. Perform a total mesorectal excision.
14. Appropriately assist in the operative treatment of gastric neoplasms

### ***Communicator***

#### **By the end of the rotation the Senior General Surgery resident will be able to:**

1. Provide timely, accurate, compassionate and patient-centered information exchange, with patients and their families, at the point of care.
2. Communicate with consultant services and collaborate effectively with consulting services and allied professionals to ensure best care delivery.
3. Obtain informed consent for emergency and elective surgery, providing sufficient information regarding risks and benefits of treatment alternatives. Obtain informed consent for in the setting of critical illness or complications following surgery
4. Communicate effectively with patients and families. Use voice, body language, translators to good effect.
5. Complete appropriate documentation clearly and on time with minimal assistance: OR dictations, discharge summaries, consult notes, death certificates.
6. Create operative notes that have the appropriate detail of important issues;

### ***Collaborator***

#### **By the end of the rotation the Senior General Surgery resident will be able to:**

1. Complete the surgical checklist with the peri-operative team.
2. Consult relevant services and incorporate relevant therapeutic plans into the overall plan of care for the patient.
3. Proactively work with others to prevent misunderstandings, manage differences and resolve conflicts

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4. Collaborate with community agencies (as required)
  5. Notify the team on call and the responsible attending surgeon for any patient with active issues prior to leaving the hospital (pending investigations, requires clinical reassessment, pending surgical intervention, recent transfer to the ICU)

### ***Leader***

**By the end of the rotation the Senior General Surgery resident will be able to:**

1. Demonstrate time management skills to reflect the balance of priorities for patient care, sustainable practice and personal well-being
2. Meet the diverse learning needs of housestaff at various levels and from various disciplines.
3. Appropriately triage and manage simultaneous demands from the different members of the health care team.
4. Interact effectively at multidisciplinary rounds
5. Sets agenda and provides structure to team meetings
6. Ensure timely completion of the on-call schedule (Chief Resident).
7. Demonstrate an understanding of the costs of testing to the healthcare system and use this knowledge to guide allocation of finite resources when requesting tests, while balancing patient care needs.
8. Effectively leads or contributes to the health care team; delegates and distributes tasks fairly; uses time wisely
9. Participate in patient safety initiatives and identify opportunities for quality improvement.
10. Coordinate care in complex surgical patients with subspecialty involvement of plastic, orthopedic, urology, medical oncology and ICU

### ***Health Advocate***

**By the end of the rotation the Senior General Surgery resident will be able to:**

1. Ensure timely access to adjuvant or neo-adjuvant therapy for patient with cancer.
2. Organize resources to enable patients to be safely discharged from hospital in a timely fashion.
3. Assess patients for risk factors for surgical conditions. Demonstrate familiarity with the important determinants of health affecting patients, such as smoking, obesity and advises appropriate lifestyle or other preventative measures.
4. Disclose an adverse event or medical error in appropriate circumstances

### ***Scholar***

**By the end of the rotation the Senior General Surgery resident will be able to:**

1. Demonstrate curiosity and interest in the field by reading around cases to expand their scope of knowledge.
2. Present and discuss level relevant topics at teaching rounds including morbidity and mortality reviews and teaching rounds.
3. Teach and supervise undergraduate students and junior trainees.
4. Use the principles of adult learning and help others learn by providing guidance and by giving constructive feedback.
5. Interpret the medical literature and integrate best practice information into clinical practice
6. Develop and implement an on-going effective personal learning strategy

### ***Professional***

**By the end of the rotation the Senior General Surgery resident will be able to:**

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1. Enable resident team members to respect the PARO contract.
  2. Provide patient care in a compassionate, honest and ethical manner, with integrity, reflecting an understanding of issues related to age, gender, culture and ethnicity.
  3. Demonstrate appropriate professional, intra-professional and interpersonal behaviour.
  4. Maintain appropriate boundaries, including appropriate draping for a physical examination and appropriate presentation of a case to a group in the presence of the patient.
  5. Take complete responsibility for assigned tasks
  6. Recognize own limitation and seeks advice when necessary; accept advice and responds appropriately
  7. Adhere to legal and ethical codes of practice, including confidentiality, informed consent, mandatory reporting'

Updated MARCH 2019