

**Women's College Hospital  
Ambulatory Care – General Surgery  
Rotation Specific - Goals and Objectives**

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**Medical Expert**

*Knowledge*

1. Demonstrate knowledge of the principles and rationale for performing ambulatory surgical procedures where ambulatory surgery is defined as any procedure for which the patient is admitted and discharged on the same day, regardless of type of anesthesia.
2. Able to discuss the principles and rationale for performing ambulatory surgery on selected patients, including:
  - a. Assessment of patient risk
  - b. Patient selection
  - c. Level of preparation for patients with co-morbid diseases
3. Completes a preoperative evaluation of a patient as a potential candidate for ambulatory surgery, including consideration of patient risks and treatment options.
4. Demonstrates competency in counseling patients and their families appropriately about ambulatory surgery and follow-up care, including obtaining informed consent after discussing the risks, benefits, and alternatives to the procedure.
5. Demonstrates competency in the preoperative preparation of a patient with co-morbid diseases for ambulatory surgery.
6. Demonstrates competency in the management of postoperative pain management in the ambulatory setting.
7. Demonstrates competency in postoperative follow-up procedures, including methods for monitoring and managing complications.

*OR and Clinical Skills:*

- i. Is able to perform selected ambulatory surgical procedures independently including:
  - o Primary inguinal hernia repair – PGY3 and greater
  - o Laparoscopic cholecystectomy – PGY3 or greater
  - o Breast – Lumpectomy, Mastectomy, SLNB, ALND – PGY 3 or greater
  - o Thyroid -Partial and Total Thyroidectomy, Parathyroidectomy – PGY4 or greater
  - o Anorectal – hemorrhoidectomy, pilonidal abscess – PGY2 or greater
  - o Endoscopy – OGD, flexible sigmoidoscopy, colonoscopy – PGY2 or greater

- ii. Demonstrates competency in pre-discharge examination
- iii. Demonstrates competency in prescribing necessary follow-up care, including:
  - Prescribing appropriate postoperative analgesia
  - Communicating instructions and expectations for follow-up, such as:
    - ✓ Pain level and location
    - ✓ Possible side-effects of medications
    - ✓ Level of activity and return to work
    - ✓ Wound care and potential problems
    - ✓ Timing of follow-up appointment
- iv. Demonstrates competency in arranging home care services and demonstrates knowledge of appropriate indications.

### **Communicator**

1. Demonstrates competency in completing the pre-operative check list
2. Demonstrates competency in counseling patients and family with appropriate sensitivity regarding:
  - Disease entity (prognosis, treatment options, additional treatment)
  - Surgical issues
  - Operative risks (possible complications)
3. Demonstrates a sensitive and culturally appropriate style of communicating with patients and families.
4. Demonstrates competency in communication with patients related to post operative care and expectations related to:
  - ✓ Pain level and location
  - ✓ Possible side-effects of medications
  - ✓ Level of activity and return to work
  - ✓ Wound care and potential problems
  - ✓ Post operative follow-up
5. Demonstrates competency in creating concise, accurate and timely consultation notes and operative notes.

### **Collaborator**

1. Demonstrates competency in effective consultation of other physicians and health care professionals, especially those teams necessary for pre-operative assessment such as anesthesia and internal medicine.
2. Demonstrates competency in effective patient care delivery with other team members and as a member of the health care team.

3. Demonstrates competency in collaboration in an interprofessional environment with other health care professionals including nursing, physiotherapy, social work and CCAC.

### **Manager**

1. Demonstrates competency in resources; appropriate and efficient utilization of health care resources.
2. Demonstrates effective time management skills and punctuality.

### **Health Advocate**

1. Discusses with patients the ways in which post-operative recovery can be optimized.
2. Promotes the standard of care in the surgical management of the surgical diseases reflected above.

### **Scholar**

1. Critically appraises relevant and current literature on ambulatory surgical care.
2. Demonstrates effective self directed learning as demonstrated by reading around cases, asking questions, and recognizing the need for life long learning.
3. Has the unique potential for involvement in the Centre for Ambulatory Care Education (CACE) at WCH (<http://www.womenscollegehospital.ca/programs-and-services/cace/>)

### **Professional**

1. Demonstrates respect for colleagues, more junior trainees and other members of the health care team.
2. Demonstrates empathy, cultural sensitivity, honesty and compassion while performing high quality patient care.
3. Demonstrates insight into strengths and weaknesses and receives feedback appropriately.